



# FOOD INSECURITY

AT RUTGERS- NEW BRUNSWICK

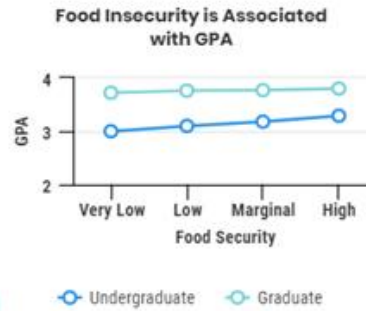
## USING RESEARCH TO UNDERSTAND THE PROBLEM\*



36.9% of Undergraduates are Food Insecure



32.1% of Graduate Students are Food Insecure



19.8% Choose between food & educational expenses



23% Attend campus events solely for food



2.2% Have SNAP benefits

## RUTGERS RESPONSE

- SNAP Enrollment through Dean of Students
- Market Bucks for fresh produce
- Rutgers Community Cafe
- Rutgers Student Food Pantry
- STUDENT FOOD SECURITY
- Rutgers Student Farm
- Meal Swipes for Charity
- Food insecurity screenings at Rutgers Student Health
- Courses that address Food Insecurity

- ✓ 804 visitors to the Rutgers Student Food Pantry since 2016
- ✓ A total of 3,118 visits to the Rutgers Student Food Pantry since 2016
- ✓ Over 700 meals served to food insecure students at the Rutgers Community Cafe during a 2-week pilot period
- ✓ RU Student Farm donated \$11,789 in fresh produce to food insecure students in 2019
- ✓ New Brunswick Community Farmers Market donated \$5,266 in fresh produce to food insecure students in 2019
- ✓ Many courses offered across multiple schools at Rutgers address food insecurity

## FUTURE DIRECTIONS FOR RESEARCH & PRACTICE

- CONTINUE RESEARCH
- EXPAND PROGRAMMATIC EFFORTS
- OUTREACH & COLLABORATION
- INCREASE AWARENESS
- IMPLEMENT & IMPROVE POLICIES

\*For the complete research report, see Cuite, C. L., Brescia, S. A., Porterfield, V., Weintraub, D. S., & Willson, K. A. (2018). Working paper on food insecurity among students at Rutgers-New Brunswick. [http://humeco.rutgers.edu/documents\\_pdf/RU\\_Student\\_Food\\_Insecurity\\_2018.pdf](http://humeco.rutgers.edu/documents_pdf/RU_Student_Food_Insecurity_2018.pdf)